October 2019 Edition

CREATIVE NEWS

MONTHLY NEWS AT CREATIVE DEVELOPMENT, LLC

Be sure to check out the other side of this newsletter for halloween tricks!

School Check-In!

As the school year continues, it is important to check in with your therapists if there are any new challenges or difficulties your child is facing this year! It is typical at this time of year that your child may appear more fatigued or agitated due to the increased stress and demands. Let us help you find the right regulation tools for your child to use! Additionally, the weather is changing. Wash hands frequently and use sensory-friendly strategies outlined in last month's newsletter to help with regulation!

Like us on Facebook: www.facebook.com/creativedevelopmentct
Follow us on Instagram: @creativedevelopmentllc

UPCOMING DATES

10/12 - Halloween Monster Mash Party presented by Trading Spaces ABA, LLC in Glastonbury, CT!
10/14 - We are open!
10/30 - Spooktacular Pumpkin Contest ends! Be sure to tag us in your pumpkin carving and decorating photos to be entered to win prizes!
10/31 - We are open!

CLINIC CHANGES

Thank you so much for all of your patience as we undergo staffing changes. We recognize that people find new and exciting opportunities and while we are sad to see clinicians go, we work very hard to make sure that new staff match the vision and philosophy of the Creative Development team. We welcome Christine Robinson and Haley Gustavson to our SLP team! And we are excited to have Beatriz Lopez-Arroyo back on Saturdays re-joining our OT team! Please contact Lauren or Deanne with any questions. We appreciate your patience during this time and value each of you as clients!

TRICK OR TREAT?

HERE ARE TWO TRICKS TO MAKE THIS HALLOWEEN SEASON A REAL TREAT!

1. SENSORY FRIENDLY COSTUMES

Halloween costumes are a time for children to use their imaginations to decide what they want to dress up as! However, for a lot of children, the costumes in stores can be a real fuss! They can be too itchy, too big, too small. Let's DIY your costume! If you buy the materials, our occupational therapists can assist in helping your child make their costume. Involving your child in the process can increase their comfort and desire to wear the costume. At the same time, you are working on motor skills, planning, and problem solving skills! You can also check out our Facebook page for 5 ideas on how to create a sensory-friendly costume, such as using halloween pajamas, regular clothes, or soft-washed lab coats!*

Ask your therapist and visit www.facebook.com/creativedevelopmentct to see more in-depth details about creating a sensory friendly halloween costume!

2. HALLOWEEN SOCIAL STORY

Social stories are stories written with the specific purpose of teaching a child specific behavior patterns. Using photographs and descriptive words, these stories take children through real-life situations and attempt to guide their behavior. When adults want to learn something new or start a new experience, we often start with some sort of manual – a set of instructions with steps to follow, things to remember, and processes to learn.* Social stories can be miniature manuals for children. Halloween places a lot of demands and expectations on children and there are many unexpected experiences related to Halloween.

Check out our Facebook page to save or print the two social stories we have created for your child this halloween season! You can also ask our therapists for a copy of the social story. www.facebook.com/creativedevelopmentct

Creative Development LLC

*Information modified from understood.org and canr.msu.edu.