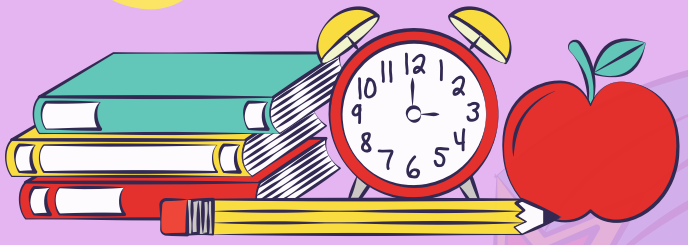
August 2019 Edition

CREATIVE NEWS

MONTHLY NEWS AT CREATIVE DEVELOPMENT, LLC

Happy First Day of school

It's time to go back to school for our kids! Does your child get the first day of school jitters? Are you worried about the transition from summer to school? Check out the other side of this newsletter for tips to make a smooth transition for back to school.



Appointment Reminders

If your child is going to need a new appointment time when the school year starts, please be sure to let your therapist know! We try our best to accommodate for these needs, however it is not always guaranteed. In this case, we will place your child on a waitlist.

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Follow us on Instagram: @creativedevelopmentllc

Upcoming Dates & Activities

8/23 - Fore Autism Charity Golf Tournament benefiting the Focus Center for Autism and Fresh Start School at Fairview Farm Golf Course in Harwington, CT. Contact (869) 693-8809 for more information.

8/4 & 8/24 - "Field of Dreams" invites individuals with disabilities to play on the stadium field with the New Britain Bees in New Britain, CT. Contact (860) 826-3366 for more information.

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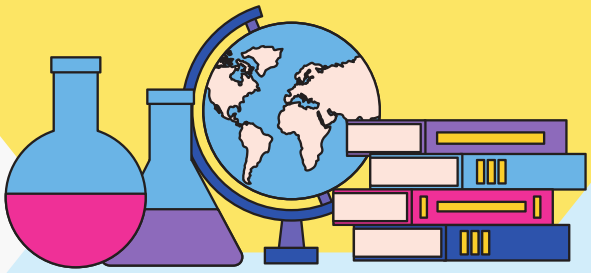
Transitioning back to school

HOW TO HELP YOUR CHILD HAVE A SUCCESSFUL START TO THE SCHOOL YEAR

#1 Anxious Child?

Schedule a tour

Is your child starting a new school? Does your child get really nervous for change? Call your school and ask if you can schedule a tour of the school, the classroom, and to even meet the teacher! If your school allows this, take advantage! Also, it is recommended to use the weekends to play on the school playground. When kids get to physically see and engage with their classroom or playgrounds in advance, those first day jitters will ease up.



#2 New Routine?

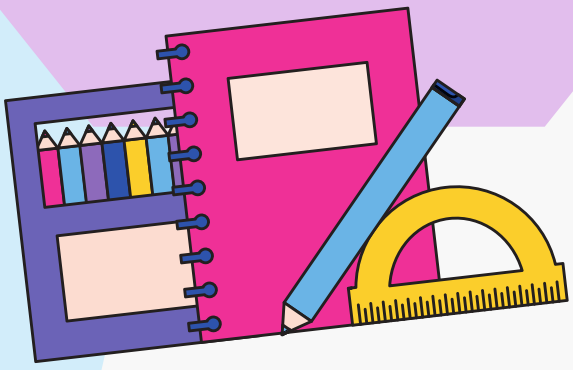
Start transitioning early

Often times a lot of parents will ask for advice on how to help the transition from a summer schedule back to a school schedule. Improve their energy, mood, and attention by starting with a routine two weeks prior to the first day of school. Set an alarm, wake up, get ready, eat breakfast, and set a positive attitude. This will ease with transitioning and get the mind and body ready for success!

#3 Unsure Expectations?

Visual Schedule

Is your child having a more difficult time knowing what to do and when to do it? Is your child having a more difficult time attending to a task? Create a visual schedule and discussing the expectations the child has for the day will set them up for success. Ask the teacher to create a schedule for the day, too! Most children benefit from having a visual schedule to understand what activities need to be completed and when they get done!



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