June 2019 Edition

CREATIVE NEWS

MONTHLY NEWS AT CREATIVE DEVELOPMENT, LLC

SCHOOL IS OUT FOR THE *summer!*

Are you dreading the thought of summer? Fret no more! Your therapists at Creative Development have put together some awesome ideas on how to keep your kids moving and grooving all summer long. From riding a bicycle, going to the playground, and having water balloon fights, check out the flip side of our monthly newsletter to learn more!

Stay Connected

Welcome to our first monthly newsletter! Be on the lookout for Creative News to be shared in the office at the beginning of each month. We will be sharing tips and tricks to use at home, fun facts about our terrific therapists, milestone markers of our clients, and more!

You can also Like us on Facebook:
www.facebook.com/creativedevelopmentct

Upcoming Dates & Activities

6/24 - Summer Groups start at Creative Development! Please view the flyer posted in the office and contact Lauren for more information: lauren@creativedevelopmentct.com

6/30 - Focus Rocks Bridge Street Concert to benefit the Focus Fresh Start School in Canton! Please see the flyer posted in the office for more information.

*If you are part of any organizations with community events, please share with the front office to be featured in upcoming newsletters!

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SUMMER ACTIVITIES

AND IDEAS TO KEEP KIDS MOVING!

#1 Outdoor Obstacle Course

Items Needed: Anything, examples: hula hoops, hopscotch, slide, monkey bars, sprinklers, bear walks, skipping, bikes and scooters, water balloons

Skills Addressed: Motor Planning, Sequencing, Gross Motor, Expressive/Receptive Language

Directions: Set up an obstacle course (2-5+ items) using materials you find at home. Depending on level of independence, encourage your child to build the obstacle him/herself or have your child help you build it for heavy work and following directions! If needed, model the obstacle course and label each action and object. Change the sequence to increase difficulty and challenge your children!

#2 Yummy Fruit Kabobs

Items Needed: Popsicle Craft Sticks and Fruit such as bananas, kiwi, strawberries, grapes, watermelon, pineapple, cantaloupe, etc.

Skills Addressed: Fine Motor, Feeding/Eating, Sequencing

Directions: Use a handful of craft sticks and your favorite kid-friendly knife. Use fresh fruit that your child loves, but also try a few new fruits. Encourage your child to help with prep: wash the fruit and slice the fruit into small pieces. Place the fruit into various patterns onto the popsicle craft sticks. You can then have your child help with clean up and enjoy your healthy, summer snack!

#3 Nature Walk Scavenger Hunt

Items Needed: None

Skills Addressed: Visual Scanning, Ambulation/Mobility, Expressive/Receptive Language

Directions: Go on a walk through the neighborhood, a park, beach or a trail. Have your child describe what they see, hear, smell and feel. You can make it a describing game or a guessing game. You can work on expressive vocabulary such as nouns, verbs, and adjectives. You can also work on receptive language by playing "I Spy". If your child is working on a particular sound, look for items that start with that sound and practice articulation. For example, “sun, sand, starfish, sailboat, seaweed…”

#4 Building Sand Castles

Items Needed: Shovels, Buckets, Sand

Skills Addressed: Fine Motor, Gross Motor, Ideation

Directions: Bring your child to the beach or have them play in a sand box! Create a sand castle in the middle of a circle. Dig around the sand castle to build your mote. Fill the mote with water. Encourage your children to pat and mold the sand as well as carry buckets of water!

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